

Oxford Hip Score

PATIENT NAME: _____

1. How would you describe the pain you usually have in your hip?

- None
- Very mild
- Mild
- Moderate
- Severe

2. Have you been troubled by pain from your hip at night?

- No nights
- Only 1 or 2 nights
- Some nights
- Most nights
- Every night

3. Have you had any sudden, severe pain - "shooting, stabbing or spasms"?

- No days
- Only 1 or 2 days
- Some days
- Most days
- Every day

7. Have you been able to put on socks, stockings or tights?

- Yes, easily
- With little difficulty
- With moderate difficulty
- With extreme difficulty
- No, impossible

8. After sitting to a meal, how painful is it to stand up because of your hip?

- Not at all painful
- Slightly painful
- Moderately painful
- Very painful
- Unbearable

9. Have you had any trouble getting in and out of a car or public transportation because of your hip?

- No trouble at all
- Very little trouble
- Moderate trouble
- Extreme difficulty
- Impossible to do

4. Have you been limping when walking because of your hip?

- Rarely/never
- Sometimes or just at first
- Often, not just at first
- Most of the time
- All of the time

5. How long can you walk for before the pain in your hip becomes severe (with or without a walking aid)?

- No pain for 30 minutes or more
- 16 to 30 minutes
- 5 to 15 minutes
- Around the house only
- Not at all

6. Have you been able to climb a flight of stairs?

- Yes, easily
- With little difficulty
- With moderate difficulty
- With extreme difficulty
- No, impossible

10. Have you had any trouble with washing and drying yourself, all over, because of your hip?

- No trouble at all
- Very little trouble
- Moderate trouble
- Extreme difficulty
- Impossible to do

11. Could you do the household shopping on your own?

- Yes, easily
- With little difficulty
- With moderate difficulty
- With extreme difficulty
- No, impossible

12. How much has pain from your hip interfered with your usual work, including housework?

- Not at all
- A little bit
- Moderately
- Greatly
- Totally